

KHUNGI ESPACIO INVITES YOU

# RETURN TO SOURCE



GUIDED BY SHIPIBO  
ONAYA HEALERS

## MAESTRA YNES, MAESTRO JOSE & FAMILY

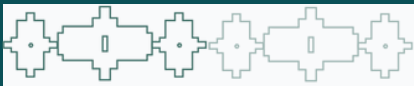
AN EXPLORATION OF OUR ORIGINAL SOURCE THROUGH  
ANCESTRAL HEALING, ELEMENTAL RITUAL & EMBODIMENT



K H U N G I  
E S P A C I O

12-25 August 2023 | Khungi Espacio, Mexico

Please email [info@khungi.com](mailto:info@khungi.com)  
for more information & to register



K H U N G I  
ESPACIO

We return to Source for another 13-night Shipibo Healing and Embodiment Retreat!

'Return To Source' is a journey of awakening to the primal source from which all is birthed. A remembrance of our original essence through the lense of ancestral wisdom and healing, guided by our elders, the world of the plants, and the embodiment of our roots.

This healing retreat creates space for us to access the well-spring of source energy behind all of life. We will explore the fabric of our origin through healing ceremonies, embodiment practices of movement, meditative awareness, voice activation, and collective

elemental ritual, woven with the threads of the Shipibo medicine and wisdom of the plants for an unforgettable journey of transformation!



This web of knowledge and the profound medicine work gives space for deep shedding of unneeded belief patterns and a connection to the free and joyful expression of life force.

This unique and transformational experience will take place at the breathtakingly beautiful, Khungi Espacio in Valle de Bravo, Mexico. Khungi boasts luxury private, a state-of-the-art ceremonial space and expansive natural design to connect with the elements and each other. A space created from the inspiration of the medicine!

The daytime sessions aim to support and inform the evening ceremonies led by the

world-renowned family of Shipibo Onaya healers, Maestras Ynes, Edelin and Maestros José and David. Sessions will be calm and nourishing, aiming to complement the work of the family with spaciousness for individual contemplation and integration, creating a deeper connection to the energetic realms of the plants, the Shipibo medicine, and to our somatic human experience.



This experience aims to support you in liberating your authentic expression, tap into the primordial creativity, and learn to connect with the earth's wisdom to create health, harmony, unity, and balance in your daily life.



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Khungi Espacio, Valle de Bravo, Mexico

## 12-25 August 2023

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- Six (6) Ceremonies of Ayahuasca with Maestras Ynes, Edelin, and Maestros José and David
- Medicinal Plant Baths
- Daily Movement and Meditation
- Voice Activation Workshops
- Elemental Ritual
- Pre-ceremony Movement and Meditation
- Group Integration Circles
- Personal 1:1 Support from Facilitators and Maestros
- One Pre and One Post Integration Call with Facilitators
- Nourishing and Healthy Meals
- 13 Nights in Private Accommodation with Own Bathroom
- Transfers To/From Mexico City





Join us to explore the following themes

- Connection to the power of the elements, learn to harness and harmonize with the energies of the earth
- Free and joyful expression
- Discovering the original wisdom of the body and the voice
- Igniting your creative fire and building your reservoir of creative “juice” and inspiration
- Accessing the unifying source energy in within ourselves
- Practicing reciprocity with nature and honoring of our ancestors



## REGISTRATION & INTAKE PROCESS

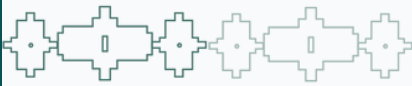
To begin the registration process, you will need to fill in an intake form with your medical history and intentions; once your form is completed, you will then schedule a one-to-one pre-retreat call with us. You will have the opportunity to ask questions about the process, the Shipibo tradition, and other logistics. This call is essential as it will allow us to get to know you and your needs to see if and how we can best support you.

Please start by filling out this form - [Khungi Ayahuasca Intake Form](#).

There is a \$33USD fee for the call, payable by [Paypal](#), which will be deducted from your final payment cost. If you do not end up booking the retreat, the \$33 is non-refundable.

Please schedule your call via this link - [Intake Call Scheduling](#).

Kindly note that you will need to take the call in a private place, free of distractions, with a good internet connection and that if you are more than 15 minutes late to the call, you will need to reschedule and pay for another call accordingly.



# THE HEALERS

## Maestra Ynes | Shipibo Name: Xawanjisbe - 'The most Vibrant Bird in the Forest'

Maestra Ynes comes from a long lineage of Onaya (master plant) healers. She is a mother of seven children, four of whom have apprenticed with her to become Onaya healer.

At 14 years old, Ynes fell seriously ill with an unknown disease which led her to diet medicinal plants under the guidance of her grandfather and master healer, Aurelio. After successfully healing herself, Ynes decided to apprentice with Maestro Aurelio to learn from the ancestral wisdom of her Shipibo people.

A year later she undertook a diet in the forest that lasted for more than two years in complete isolation from the outside world. After that, she continued dieting with her great-grandfather, Maestro, and a Meraya (a healer of the highest degree), Luciano Sinuiri. At the age of 18, she began her last training diet with her mother's



uncle, Maestro, and Onaya healer, Basil Gordon. These three powerful healers gifted her the base of her knowledge and experience with the sacred plant medicine and ayahuasca. Over the past 55 years, she has continued to diet several times per year, and expand her knowledge, with a continuous passion to learn.

## Maestro José | Shipibo Name: Sanymeny 'The Messenger' | Youngest Son to Maestra Ynes and Maestro David

Jose was born in the native community of Raoboya and named after his grandfather, the highly respected Meraya healer Jose Lopez. He was given this name to inherit his medicine wisdom and knowledge. At just 7 years old, Jose began to prepare physically and mentally to enter the world of plant medicine and at 10 began his first dieta, which was a one-year dieta with a very powerful tree, Shihuahuaco.



He then continued Niwe Rao and Noya Rao in succession, from 11-12 years old. At 16 he began healing people in his community, and then in Pucallpa and traveling within Peru. José now travels the world, in addition to working in the Amazon.

José is an incredibly powerful healer, who can unblock and release negative energies and find the root of where an individual's issues are held, whether in body, energy, or spirit to align and harmonize the individual. His role in his family is that of protector. Jose teaches and communicates in a unique, generous, and accessible way. He conducts

his ceremonies with extreme tenderness, kindness, compassion, clarity, and firmness. Despite his incredible power and knowledge, Jose remains deeply humble and passionate about the limitless possibilities of learning and sharing.

## Maestro Edelin | Shipibo Name: Metsa Rateu 'Beautiful Joyful Woman' | Daughter of Maestra Ynes and Maestro David

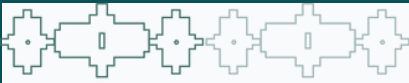
Maestra Edelin truly embodies the meaning of her Shipibo name. Her generosity and love can be felt deeply in her work and during day-to-day connections. Her favorite plants are Bobinsana, Shihuahuaco, and Renaquilla.

Maestra Edelin is 47 years old and is one of Maestra Ynes' younger daughters. She grew up with her family in the Shipibo community of Royaboa. Sharing the rich plant and healing knowledge of her family, she grew up learning

many recipes for plant remedies and perfumes. She worked for 18 years as a kindergarten teacher, and 4 years supporting the training of school teachers and designing education curriculums.

Maestra Edelin has been dieting for the past 9 years, and recently graduated to the level of maestra, working alongside her mother Ynes at Niwe Rao Xobo. Maestra Edelin has the gift of healing touch and is well loved for her massages, her many plant remedies, and special perfumes that attract love, abundance, and good luck. Her warm, generous and affectionate nature put people immediately at ease. She loves to help people and support them as well.





## Maestro David | Shipibo Name: Barin Vita - 'Guardian of the Sun' | Maestra Ynes' husband



David was born in Roaboya, at the bottom of the Ucayali River. A cigar maker and father of seven children, David is affectionately known as King David, and sometimes appears in the ceremony as a bright king. At 24, David began his powerful diet with his father and Onanya healer, Jose Lopez, who put him on a plant diet for seven months and finished his diet by

consuming Ayahuasca for the first time. He remembers how his visions opened to reveal a pharmacopeia of plants that called out for him to learn.

He continued to drink for three years until the plants “won” to open his first plant diet in seclusion with a powerful shaman for nine months. David immediately went on to learn and master the tobacco spirit, Mapacho, leading him to become a powerful and accomplished healer. David carries an incredible amount of knowledge and experience to the family. He also unassumingly holds the unique responsibility of being the guardian of the family’s healing work; protecting his wife, family, and the center from negative energies. With his calming and humble presence, David beautifully redefines what it means to be a warrior of light. We are very blessed to have him with us.

## THE FACILITATORS

### Cecilia Durán

Ceci is a dedicated facilitator and musician, her passions lay in cross-cultural issues and ancestral song and sound. She is also a passionate allied activist for indigenous peoples.

Since she was a child, Ceci has been passionate about music, her professional training began in 2005 with various teachers with a predominance of self-perception and body listening techniques, as well as sound research in free improvisation ensembles, experimental composition and Electronic Arts.

As a teenager, she has participated in socio-cultural activities linked to native people (Quechua, Aymara, Mapuche and others) and their relation to urbanity,



migration, interculturality and new forms of expression of ancestral knowledge. In 2014, Ceci collaborated with the organization Reunion with Indigenous People in the National University General Sarmiento (UNGS) and has begun her journey in teaching singing and Voice Circles.

She has facilitated ayahuasca ceremonies with Shipibo Conibo healers for 8 years and Lakota ceremonies for the past 5 years. Ceci is well informed

facilitator and has a special touch with supporting others in finding their vocal expression. She has many years of medicine experience and has recently begun working with the family at Niwe Rao Xobo in Peru.



## Savanna Felstead



Savanna is a natural space holder who is passionate about altered states of consciousness and the gifts that they can offer. Savanna offers her support in preparation, during and integration of these experiences with the use of transpersonal psychology techniques, ritual, and meditation. Her guidance is informed by her 13 years of personal and professional psychedelic experiences, her own healing journey of past experiences, and her initiations through various ancestral lineages.

The intention of her work is to create realistic environments for long-term success in integrating the experience of the inner journey. She offers tools and guidance for a grounded approach to physical, spiritual, emotional, environmental, and energetic health. Savanna is passionate about self-empowerment and sovereignty in an individual's healing journey, being present with those navigating their self-directed healing through her deeply rooted connection with the natural world.

Savanna has been dieting and working with the family for over 3 years. She offers daily support to the families centers and is a diet facilitator with the family, both overseas and at Niwe Rao Xobo, Maestra Ynes' center in Peru. Savanna has stepped into the role as a bridgekeeper between cultures, guided by her passion of indigenous and ancestral wisdom and creating change in the world that supports the global family in finding alignment and reciprocity within communities, and in harmonious relation with the Earth.