

RETURN TO SOURCE

GUIDED BY SHIPIBO ONAYA HEALERS

WITH MAESTRA YNES,
MAESTRO JOSÉ & FAMILY

I - 13 DE AGOSTO
KHUNGI ESPACIO, MEXICO



For more information
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K H U N G I
ESPACIO

RETURN TO SOURCE

A JOURNEY OF AWAKENING TO THE PRIMAL SOURCE FROM WHICH ALL IS BIRTHED



Thank you for your interest in our
5th annual **Return To Source Retreat** - join us for
another 12-night Shipibo Healing and Embodiment
Retreat!

A remembrance of our original essence through the
lense of ancestral wisdom and healing, guided by our
elders, the world of the plants, and the embodiment of
our roots.

This healing retreat creates space for us to access the
well-spring of source energy behind all of life.

We will explore the fabric of our origin through healing ceremonies, embodiment practices of movement, meditative awareness, voice activation, and collective elemental ritual, woven with the threads of the Shipibo medicine and wisdom of the plants for an unforgettable journey of transformation!

This web of knowledge and the profound medicine work gives space for deep shedding of unneeded belief patterns and a connection to the free and joyful expression of life force.

This unique and transformational experience will take place at the breathtakingly beautiful, **Khungi Espacio** in Valle de Bravo, Mexico. Khungi boasts luxury private, a state-of-the-art ceremonial space and expansive natural design to connect with the elements and each other. A space created from the inspiration of the medicine!

The daytime sessions aim to support and inform the evening ceremonies led by the world-renowned family of Shipibo Onaya healers, Maestras Ynes, Edelin and Maestros José and David.

Sessions will be calm and nourishing, aiming to complement the work of the family with spaciousness for individual contemplation and integration, creating a deeper connection to the energetic realms of the plants, the Shipibo medicine, and to our somatic human experience. This experience aims to support you in liberating your authentic expression, tap into the primordial creativity, and learn to connect with the earth's wisdom to create health, harmony, unity, and balance in your daily life.





Khungi Espacio, Valle de Bravo, Mexico
1-13 August 2026
Exchange: \$3,650 (USD)

- Five (5) Ceremonies of Ayahuasca with Maestras Ynes, Edelin, and Maestros José and David
- Medicinal Plant Baths
- Stream Bath
- Meditation Workshops with Tibetan Masters
- Pre-ceremony Movement and Meditation
- Group Integration Circles
- Personal 1:1 Support from Facilitators and Maestros
- Group Integration Call with Facilitators
- Nourishing and Healthy Meals
- 12 Nights in Private Accommodation with Own Bathroom
- Transfers To/From Mexico City





THE HEALERS

Maestra Ynes | Shipibo Name: Xawanjisbe - 'The most Vibrant Bird in the Forest'



Maestra Ynes comes from a long lineage of Onaya (master plant) healers. She is a mother of seven children, four of whom have apprenticed with her to become Onaya healer. At 14 years old, Ynes fell seriously ill with an unknown disease which led her to diet medicinal plants under the guidance of her grandfather and master healer, Aurelio. After successfully healing herself, Ynes decided to apprentice with Maestro Aurelio to learn from the ancestral wisdom of her Shipibo people.

A year later she undertook a dieta in the forest that lasted for more than two years in complete isolation from the outside world. After that, she continued dieting with her great-grandfather, Maestro, and a Meraya (a healer of the highest degree), Luciano Sinuiri. At the age of 18, she began her last training dieta with her mother's

uncle, Maestro, and Onaya healer, Basil Gordon. These three powerful healers gifted her the base of her knowledge and experience with the sacred plant medicine and ayahuasca. Over the past 55 years, she has continued to diet several times per year, and expand her knowledge, with a continuous passion to learn.

Maestro José | Shipibo Name: Sanymeny 'The Messenger' | Youngest Son to Maestra Ynes and Maestro David

Jose was born in the native community of Raoboya and named after his grandfather, the highly respected Meraya healer Jose Lopez. He was given this name to inherit his medicine wisdom and knowledge. At just 7 years old, Jose began to prepare physically and mentally to enter the world of plant medicine and at 10 began his first dieta, which was a one-year dieta with a very powerful tree, Shihuahuaco.

He then continued Niwe Rao and Noya Rao in succession, from his 11-12 years old. At 16 he began healing people in community, and then in Pucallpa and traveling within Peru.

José now travels the world, in addition to working in the Amazon





Maestro Edelin | Shipibo Name: Metsa Rateu 'Beautiful Joyful Woman' | Daughter of Maestra Ynes and Maestro David



Maestra Edelin truly embodies the meaning of her Shipibo name. Her generosity and love can be felt deeply in her work and during day-to-day connections. Her favorite plants are Bobinsana, Shihuahuaco, and Renaquilla.

Maestra Edelin is 47 years old and is one of Maestra Ynes' younger daughters. She grew up with her family in the Shipibo community of Royaboa. Sharing the rich plant and healing knowledge of her family, she grew up learning many recipes for plant remedies and perfumes. She worked for 18 years as a kindergarten teacher, and 4 years supporting the education training of school teachers and designing curriculums.

Maestra Edelin has been dieting for the past 9 years, and recently graduated to the level of maestra, working alongside her mother Ynes at Niwe Rao Xobo. Maestra Edelin has the gift of healing touch and is well loved for her massages, her many plant remedies, and special perfumes that attract love, abundance, and good luck. Her warm, generous and affectionate nature put people immediately at ease. She loves to help people and support them as well.

Maestro David | Shipibo Name: Barin Vita - 'Guardian of the Sun' | Maestra Ynes' husband

David was born in Roaboya, at the bottom of the Ucayali River. A cigar maker and father of seven children, David is affectionately known as King David, and sometimes appears in the ceremony as a bright king. At 24, David began his powerful diet with his father and Onanya healer, Jose Lopez, who put him on a plant diet for seven months and finished his diet by consuming Ayahuasca for the first time. He remembers how his visions opened to reveal a pharmacopeia of plants that called out for him to learn.



He continued to drink for three years until the plants "won" to open his first plant diet in seclusion with a powerful shaman for nine months. David immediately went on to learn and master the tobacco spirit, Mapacho, leading him to become a powerful and accomplished healer. David carries an incredible amount of knowledge and experience to the family. He also unassumingly holds the unique responsibility of being the guardian of the family's healing work; protecting his wife, family, and the center from negative energies. With his calming and humble presence, David beautifully redefines what it means to be a warrior of light. We are very blessed to have him with us.



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REGISTRATION & INTAKE PROCESS

1. Fill up the **application form** with your medical history and intentions.
Once your form is completed, we will review your registration and if it feels necessary, we will contact you directly to schedule a one-to-one pre-retreat call with us. This call will allow us to get to know you, your experience, and your needs to see if and how we can best support you.



2. Once evaluated and accepted, we will send you information to complete the booking upon payment of a deposit of 50% of the total value.
The remainder of the payment is made on arrival, in cash.
3. At reception of your payment, your booking is complete and your space secured. (Please send us the payment proof).
Attention: the place is only guaranteed after receipt of the deposit.
4. We will send you the practical, mental and spiritual information to help you prepare for your work with us.

CANCELLATION TERMS

If you have booked and want to cancel:

1. Cancellations up to **4 weeks** (inclusive) before the retreat start date:
We will refund the full amount of the reservation;
2. Cancellations up to **8 days** (inclusive) before the start date of the retreat:
We will refund the full amount of the reservation if there is someone on the waiting list who takes the place on the reservation. If there is no one there, we will refund half the reservation value.
3. Cancellations from the **7th day** (inclusive) before the retreat start date:
There are no refunds.